

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 12 Number 2 (03/11)

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

SaySo, Inc.
c/o ILR, Inc.
411 Andrews Rd., Ste. 140
Durham NC 27705
Phone: 800-820-0001
Fax: 919/384-0338
Web Site: www.saysoinc.org
Email: sayso@ilrinc.com

Board of Directors:

Nicole L. (Co-Chair) Region 4
nicqi21@yahoo.com
Marcella M. (Co-Chair) Region 4
mmarcella22@gmail.com
Titianna G. (Treasurer) Region 5
titianna2011@yahoo.com
Erica F. Region 4 (Secretary)
laylabrooks61@yahoo.com
Katie Q. Region 2 (Sgt. Of Arms)
dukechik93@yahoo.com
Donisha A. Region 6
acheampong_donisha@yahoo.com
Roman R. Region 6
ryssromann@gmail.com
Brittany W. Region 2
brit123brat123@yahoo.com
Shanita G. Region 5
brooklynn_1994@yahoo.com
Patrick Y. Region 3
patrickfirepat@aol.com
Sarah H. Region 5
sarah.pearl.heard@gmail.com

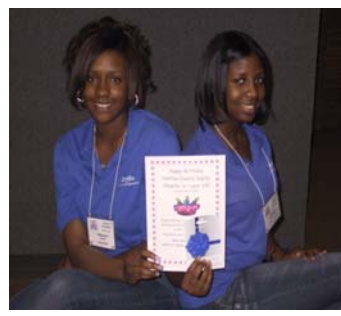
This Month's Inspirational Quote: *If you don't like something, change it; if you can't change it, change the way you think about it.*

- Mary Engelbreit

SaySo Saturday

SaySo celebrated its 13th birthday this year at our 12th Annual Membership Conference. The event took place on March 5th, 2011 at Guilford Technical Community College in Jamestown, NC. Youth and adults from all across North Carolina attended SaySo Saturday and enjoyed being able to meet new people and build lasting friendships. We even had United Methodist Family Services from Virginia attend the conference. Oh yeah, did we mention the wonderful workshops that took place throughout the day. One of the newest workshops added to the day was the "The Gentlemen's Club". The workshop, led by Phi Beta Sigma, was only for young men. Phi Beta Sigma gave lessons with useful tips on becoming a gentleman. Wow, what a wonderful day this was.

SaySo extends its appreciation to all our sponsors and participants for making SaySo Saturday possible!!



Help us "Upgrade" the SaySo website!!! If you had any ideas about what should be added to SaySo's website, email us directly at www.saysoinc.org. We welcome your input & suggestions to make our new website the best on the Internet!

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Good News!

Hey everyone, do you have something positive you want to share? Maybe it's good grades, being accepted into college or getting a new job. SaySo now has a "Good News" column that will be added to each newsletter. Whether big or small, we want to know about it! Please email your happy news to Chaney at chaney.stokes@ilrinc.com. Your good news will be added to the newsletter the following month.

Here is this month's "good news" SaySo has to share with you:

-Roman, SaySo Board of Director, is now part of the National Society of Collegiate Scholars (NSCS).

SPRING



SaySo Staff:

Executive Director: Nancy Carter

Program Coordinator: Lauren Zingraff

Assistant Program Coordinator:
Chaney Stokes

Page week

The 2011 North Carolina Senate Legislative Page Program was a huge success. Page Week took place on March 20-25, 2011 in Raleigh, NC. Nine of our SaySo youth were able to work with the North Carolina General Assembly for an entire week. They were able to work close with the House of Representatives, the Senate, and the Governor. SaySo representatives' activities include leadership, advocacy, program planning, writing policy and opinion statements, and teamwork.

Thank you to all our supporters and hosting families for making this event a huge success.



Upcoming Events

Save the date....

- *SaySo Survivor* - May 20-22, 2011 at Camp Chestnut Ridge in Efland, NC.

SaySo Survivor is a weekend leadership retreat intended to be a time of personal growth and discovering new strengths. This is a time to learn how to share those strengths and resiliencies with others.

Activities: Cabin lodging (youths and adults together). Team building activities and presentations, as well as camp activities such as campfires, walks, hayrides, horseback riding, canoeing, etc.

Download a registration at www.saysoinc.org or contact Chaney at sayso@ilrinc.com or 800-820-0001.